RUTGERS
University Behavioral Health Care



## Mental Health & Addiction COVID CONNECT

We are all in the process of adjusting to life as the pandemic enters another stage. Worried about remote work coming to an end? Anticipating your work environment will change once offices open back up at a larger capacity? Are you experiencing mental health or addiction symptoms as a result of COVID-19?

## YOU ARE NOT ALONE!

## Call us at (833) 223 - 0011

Monday - Friday, 9am - 5pm

One of our specialists will conduct a brief triage and assessment of your immediate symptoms related to the spread of the COVID-19 virus. You will be offered telephonic support and referred to a provider. All referrals are to licensed treatment providers and our staff will follow up with you to ensure successful connection.

